

AIRE VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

Sept 2012

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A few days prior to going to press we learned that Neil Armstrong died. It seems fitting to mention this and we reflect on his family's statement: "While we mourn the loss of a very good man, we also celebrate his remarkable life and hope that it serves as an example to young people around the world to work hard to make their dreams come true, to be willing to explore and push the limits, and to selflessly serve a cause greater than themselves. For those who may ask what they can do to honor Neil, we have a simple request. Honor his example of service, accomplishment and modesty, and the next time you walk outside on a clear night and see the moon smiling down at you, think of Neil Armstrong and give him a wink." [We note that our publication date, Friday, August 31st, coincides with a full moon.]

What a pity the Keighley Agricultural

Show has had to be cancelled. It seems the saturated grounds are unworkable.

Fingers crossed for the remainder of the events that are taking place outdoors throughout the Worth & Aire Valleys this month. With any luck we might have an Indian Summer to make up for the soggy mess we have been enduring for weeks on end. Looking on the bright side, How about our British athletes and their achievements this summer? Stunning performances all around. I was lucky enough to catch a glimpse of the Olympic Games; you can read more about that on p12 & 13.

We are delighted to be extending our readership this autumn by launching another edition of the magazine... More about that next month! Have a great September.



Liz Barker

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Say you saw it in the Aire Valley Mag!



Danny Ife, Head Chef at Ashmount, shares his recipe for poached cod, one of the tantalizing dishes served at the award winning Country House in Haworth.



dill, chives and lemon zest and pulse again until blended. Season the breadcrumb mixture with salt and pepper.

Fish: Line a pan with baking paper and add a knob of butter and 200g of water. Lay the crust onto the cod and place in the pan. Cook for around 10-12 minutes or until the fish is cooked through.

Tomato and Parsley Sauce:

Pre-heat the oven to 140 degrees. Place the tomatoes on an oven tray, season and bake until soft. In a sauce pan heat the olive oil and add the finely chopped shallots and garlic. Once the onions and garlic have coloured add the tomatoes and double cream. When the cream has reduced by half, pour into a food processor and blend until smooth.

Pass the mixture through a sieve and season with salt and pepper. When ready to serve finely chop the parsley and add to the sauce. Serve the fish with new potatoes, sautéed spinach, green beans and cherry tomatoes to garnish.

Ingredients

Herb Crust:

- 100g Crusty bread
- 25g Cold butter
- 20g Parsley
- 20g Dill
- 20g Chives
- 1 Lemon (zest only)
- Salt & Pepper to season

Vegetables:

- 900g Spinach
- 1 red onion
- 3 cloves of garlic
- 1 pack of green beans
- 20g butter
- 5 new potatoes
- 500g double cream
- 5 large tomatoes
- 1 bunch of parsley
- 5 banana shallots
- Salt and Pepper to season

Fish: 200g Cod Fillet

Preparation

Herb Crust:

Pre-heat the oven to 200 degrees (gas mark 6) Tear the bread into chunks, place into a food processor and pulse to make coarse breadcrumbs. Add butter, finely chopped garlic, parsley,

Home Start

Support and friendship for families

What is Home-Start?

Home-Start is a national voluntary organisation offering

informal, friendly support to parents with at least one child under the age of five. Being a parent, wherever you live, whatever your circumstances, isn't always easy. Add in pressures such as illness or financial worries, and without the support of family and friends nearby, the stress can seem overwhelming.

Home-Start offers free support, friendship and practical help to families with at least one child under five. Families are visited regularly in their own homes by volunteers who have all had experience of parenting and know how hard it can sometimes be.

Home-Start Craven seeks volunteers to support local families in the Craven area.

Could YOU help us make a difference for families?

YOU could have the skills needed to make a difference to a family living locally. As a parent you'll know just exactly how tough it can sometimes be. Did you often long to have someone to



confide in or just have a chat with? Home-Start's families come in all shapes and sizes and from all different backgrounds. Some may be feeling isolated, they may be new to the area without the support of family and friends, or they may be parenting alone. Others may be struggling with difficult relationships, have an illness or a disability, or have several pre-school children. All have one thing in common, the need for someone to listen and be there just for them.

Will I be the right sort of person to support a family?

Home-Start volunteers are all ages and from all walks of life. All we ask of you is that you have experience of bringing up children and can spare a few hours a week. Initially we ask you to complete a 'Volunteer preparation course' these courses are run regularly and are free. The course usually takes place one day per week for around 10 weeks. Both day time and evening courses may be available.

Volunteers will all have to agree to undergo a full enhanced CRB check and provide 2 references. Home-Start values its volunteers highly and provides full support and training and all out of pocket expenses are reimbursed.

If you or anyone else you know, think you can spare a few hours a week to become a friend to someone in their own home in the Craven area, we would love to hear from you.

Wendy Barrett: Co-ordinator Home-Start Craven
Based at: South Craven Community Action
The Bungalow, Holme Lane, Cross Hills, Nr Keighley,
West Yorkshire BD20 7RL T 01535 630003/634588
M 07585232014 E home-startadmin@cravencvs.org.uk W www.home-start.org.uk

A passion for teaching

Kip McGrath Education Centres

The 1st Kip McGrath Education Centre opened its doors in Australia NSW 36 years ago.



Founded by school teachers Kip and Dug McGrath, that first tutoring

centre has grown since then into a global franchise network of 900 tutoring centres owned and operated by qualified and experienced teachers who have a common motivation; a passion for teaching, offering tutoring to children from pre-school through to Year 13 in reading, spelling, comprehension, english and maths. While the primary focus is to improve or extend a child's learning outcomes, the real value in attending a Kip McGrath Education



Centre is the teachers that tutor at each centre. For our tutors, teaching is not a job it is a vocation. Delivering a curriculum that is proven, each child is assessed and a program is written for that child based on their individual needs. Nothing inspires a Kip tutor more than a smile from a child who finally "gets it" or to watch a child suddenly start to enjoy learning and develop a confidence in their abilities naturally translates into better results at school. So if you are looking for an tutoring experience that will improve your child's confidence, encourage them to enjoy

learning and help them improve or extend their literacy and numeracy, contact your local Kip McGrath Education Centre today.

At our Kip McGrath Education Centres we offer Face to Face tutoring to children from Preschool through to Year 13. Our centres provide individual programs based on the learning needs of your child. Our programs are suitable for all students ranging from those who may be experiencing difficulties in their day to day school work, right through to students who

would like to extend their learning and do better.

We offer tutoring programs in:

- 11+ / Entrance Exam
- Reading and comprehension
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- English
- Maths

For a full overview contact your nearest

tutoring centre to see which programs they offer. At our centres we provide:

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Alan Gibson, Bretten Lord

This month The Fall Fest in Glusburn will host an advanced screening of the feature film, Lad, written and produced by former local man, Dan Hartley.

Dan is originally from Austwick so this is a particularly familiar landscape for him. The film is informed by Dan's own experiences of growing up in Yorkshire and his memory as a teenager of shadowing his neighbour on weekends as he went about his work as a national park warden.

The story is a tale of friendship, loss, hardship, and Yorkshire grit, that stony determination that seems to imbibe the DNA of those who hail from the wild and mysterious North of England.

The film is a celebration of Yorkshire folk with characters hewn from the earthy dales culture.

The main character is played by Bretten Lord, a 14 year old lad from Rathmell near Settle. Alan Gibson who plays the

park warden in the film is also a local man. Neither Alan nor Bretten are trained actors.

The cast includes many other locals as extras; you may spot a familiar face or two and get the chance to see them up close and personal at the screening!

Dan Hartley is delighted to be heading up the Fallfest with this exclusive viewing September 30th. There will be a chance to ask Dan questions after the film and gain some insight and behind the scenes knowledge from the filmmaker.

To find out more about Dan Hartley and the Lad you can find interviews and videos at www.ladayorkshirestory.com/ or more about Dan's work on: vimeo.com/roguerunner.

For the rest of the line up of the Fall Fest see www.fallfest.co.uk

Fri 28th - Sun 30th September Glusburn Community Arts Centre

Sat 29th Art Gallery official opening by Helen Peyton 4.30pm

Fri 28th Sept VENUE 1
TAKE THAT 2

Doors Open: 7.00pm
Show Starts: 7.30pm
Tickets: £12
(Early Bird £10)

Sat 29th Sept
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To book or for further information see www.fallfest.co.uk

Cat Calendar aims to pull in funds for furry friends



sales go really well.” Priced at £3.95, with an early bird offer of £3.50 for orders placed before 1 November, we hope the calendar will help us raise funds to help cope with the added pressure of the year-long kitten season which is putting a further strain on our resources.



By the end of July we'd already taken in 400 cats and kittens so far this year, the highest figure recorded over a seventh month period in Haworth Cat Rescue's history,” says centre manager Sam Davies. “Currently we have 125 cats in our care of which at least 100 are under 3 months old. This places an added financial burden and sales from the calendar will help cover the increased medical and food bills that we are experiencing.”

The calendar can be purchased direct from Haworth Cat Rescue, The Farm Lower Pierce Close, Cross Roads, BD22 9AQ and is also on sale at the café at St Ives. Postage costs £1.20 per calendar, and cheques should be made payable to Haworth Cat Rescue. From the Autumn it will also be available on online via the website www.haworthcatrescue.org



Haworth Cat Rescue's first ever calendar is now on sale. It's been designed by one the charity's supporters Pam Laking, and 2013 calendar features cats which have been rehomed over the years. “With only 17 homing pens Haworth Cat Rescue would not be able to take in so many cats and kittens without the support of volunteers who foster the pregnant and nursing cats and kittens in their own homes. Nor would there be so many endings without people who choose to support the charity but adopting cats in need of a second chance,” says Pam. “I thought a calendar would be a good way of raising money and showing people the difference the charity makes to so many lives – both animal and human! It was a real joy to see so many happy furry faces with their doting owners and my husband Tony took many of the photos included in the calendar. It will make a lovely gift and I already know several people who want to buy one for their own pleasure, so I hope

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The Star Centre in Keighley is an education centre aimed at enthusing all ages in the community about the wonder of exploration and the necessary skills related to science, technology, engineering, and maths that enable human endeavour. The centre is affiliated with Leeds City College

With the death of Neil Armstrong it is appropriate to pause and recognise the awesome achievements of the 20th century Apollo space program and the significance both technically and symbolically of putting a man on the moon. Neil Armstrong knew better than anyone that it was not his achievement that was significant, but the work of thousands. He understood the real accomplishment of the American moon program: the staggering, breathtaking rocket and spaceship that carried the astronauts to the moon and back and the audacious

engineering project that built them. There has never been anything like it. Not the building of the pyramids or the Panama Canal or the atomic bomb.

The Apollo spacecraft alone took 500 million man-hours of work.

Most books about the space program focus on the astronauts, which is not surprising since, as NASA learned long ago, people are more interested in people than in machinery. [Names make news.] Armstrong's name will appear in history books beside Christopher Columbus, and will remain indelibly written on the hearts of humanity.

Bringing the focus back to Keighley, a town known for its engineering nous, it is pleasing to know there is a part of the local college dedicated to fanning the flames of passion for science, technology, engineering, and maths, the disciplines that will support 21st century explorers. If you would like to learn more about Star Centre contact www.starcentre.org 01535 685167



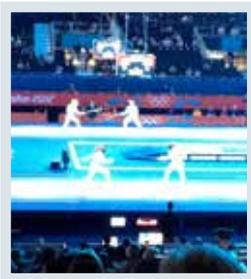
“Go GB Olympians! Thanks to our lousy wet summers and the high cost of our petrol we’re evolving into a nation of swimmers and cyclists.”
@GraemeGarden I



one end of the city to the other and to expect lengthy delays were not borne out. Everything was running like clockwork and the city sighed with relief that the BBC’s television comedy series, Twenty Twelve, was not going to play out in real life, even though it did provide some hysterically funny scenarios on the run up to the events.

In fact, the BBC picked up the ball and delivered a perfectly coordinated Olympic games. Of course, for me, it helped being in the company of good friends and a fist full of “golden” tickets. (I only managed to secure tickets in the final round after several disappointing stabs at the lottery.) Ironically, it was the fencing tickets that came through and I was faced with the challenge of separating a parry from a riposte. I can’t

say that I was very successful in understanding the scoring of the foil, but it was enjoyable following the action in the ExCel Stadium. Having seen the opening ceremony and a few days of the games I flew out to the States excited and proud to be symbolically carrying the Olympic torch from Britain. I fully intended to continue following the

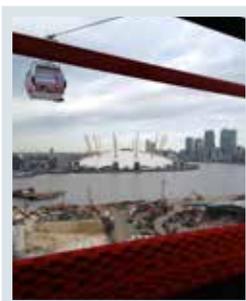


What a privilege it was to see the Olympics in London this summer; I just managed to catch the first few days before setting off to the USA for a summer holiday.

Everything was ramping up and the city was buzzing. The thing that struck me was the goodwill that seemed to envelop everyone; a palpable ecstatic charge was in the air...and that wonderfully expectant feeling, like being 6 years old again and getting butterflies in the stomach at the thought of catching a glimpse of Father Christmas and his reindeer. It felt like the city was where it was all happening and I was at the centre of the universe where all the fun was about to begin!

There were teams of helpful volunteers on the streets of London with maps and suggestions for what to do, where to go and how to get from one venue to another. We were amongst the first to ride the Emirates Sky Ride and I thought it was more interesting than the London Eye.

All the hype about traffic and stern warnings to allow hours to get from



flow of activity, but my enthusiasm was quickly dampened by the time delay USA networks applied to their schedules while bombarding audiences with relentless and inane advertising. Never have I so fully appreciated the quality of the BBC commentary and the (relatively) commercial free coverage we have in Britain. I ended up following many of the sporting events, and the closing ceremony, on my Twitter stream in Colorado because I could ‘watch’ in real time; the commentary from all over the world was highly entertaining and infinitely better than American TV.



I was especially proud to see so much Yorkshire talent come to the fore at the Games. I’m told, if Yorkshire were a country, it would have been 10th in the medal table; that is no small feat, and there will be fewer red letterboxes in Yorkshire to highlight this fact. [see www.goldpostboxes.com to find the Olympic Gold Postboxes near you.] All in all, it was a stonking summer of sport, with Britain as a nation and a people showcased in top form. Well done Britain; well done Yorkshire! Roll on Rio De Janeiro!

Liz G Barker

This diagram shows where the gold postboxes are located around the UK.



Two young fans at the Brownlee postbox in Leeds. You can upload your own photos on www.goldpostboxes.com



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see page 16 for solutions

TOP TECH TIPS by Michelle Thompson at Cloudfree IT

Evolution of the Web – Gone in a Flash?...

I've always been fascinated by the concept of evolution; survival through development. Nothing is truly static. Everything changes for a reason. Plants grow, then shed their fruit or seeds, and then they die off until next season. We're born, we raise kids then we shuffle off...Each successive generation slightly different to the last in one way or another. Height, weight, health, longevity. There are many cycles of change for which I am grateful, but I'd be the first to admit that there are some things I'd rather didn't change. I do like internet shopping, but the possibility that one day we will buy everything via the internet is not something my traditional brain is ready to accept. Yet. For now I prefer to choose (handle & sniff for ripeness) my own fruit & veg, thank you very much!

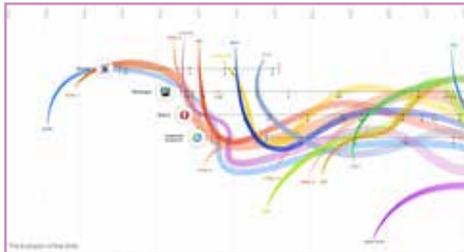
The brief appearance at the Olympic opening ceremony recently, of Sir Tim Berners Lee (the person we have to thank for the birth of the internet as we know it through his invention of 'Hypertext Markup Language' or HTML for short), got me thinking more deeply about how our lives are changing through evolution. Over the last two decades haven't things moved on quickly?

Very helpfully a very good friend of mine, a fellow IT geek, who lives in my home town of Harrogate and who I keep in touch with mostly via Facebook (thank you

Mark Zuckerberg) sent me the following link demonstrating this very nicely indeed. www.evolutionoftheweb.com/static?hl=en-gb

There's so much going on, on the web, with new technologies coming and legacy ones going that the overall effect in the above diagram looks a bit like my teenage son's hair did, until his trip to the barbers last week.

Last November Adobe announced it was to drop development of Flash for mobile devices. Flash has been around bringing us moving images on the web for years. It seemed odd that Apple didn't support it on their mobile devices, but now we hear this week that it's going from Android devices



too and HTML5 is the way forward (for now, anyway).

But what will come next to change the way we use the power of the internet? How long will it be before the scramble to

develop the 'next big thing' calms down for long enough that we have time to really get to grips with a technology before it disappears forever?

The one factoid that really struck me dumb, was that collectively we transfer enough data over the web in a month (around 28 Petabytes) to fill enough DVDs which, when laid out next to each other in a long line, would reach to the moon... AND back! How long before that line would reach Mars?

Speaking of which I'm now off to check out what the Curiosity Rover is up to on the Red Planet!



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see page 13 for puzzles

Sudoku Puzzle 1 Solution

3	8	1	2	7	6	9	4	5
4	5	7	8	3	9	2	1	6
9	2	6	5	4	1	8	7	3
8	1	3	6	5	4	7	2	9
6	4	5	9	2	7	1	3	8
7	9	2	1	8	3	5	6	4
5	7	9	3	6	2	4	8	1
1	6	4	7	9	8	3	5	2
2	3	8	4	1	5	6	9	7

Sudoku Puzzle 2 Solution

8	7	4	1	3	9	5	2	6
1	5	9	6	7	2	8	3	4
3	6	2	8	5	4	7	9	1
2	3	1	9	4	8	6	7	5
5	8	6	3	1	7	2	4	9
9	4	7	5	2	6	1	8	3
7	2	5	4	6	3	9	1	8
4	1	8	2	9	5	3	6	7
6	9	3	7	8	1	4	5	2

Sudoku Puzzle 3 Solution

1	7	5	4	6	8	9	3	2
4	2	6	9	7	3	1	5	8
8	9	3	2	5	1	7	4	6
9	6	8	7	3	4	2	1	5
2	1	4	8	9	5	3	6	7
5	3	7	6	1	2	8	9	4
6	4	9	3	8	7	5	2	1
7	5	2	1	4	9	6	8	3
3	8	1	5	2	6	4	7	9

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Damside Mill

Learn to bring your furniture back to life at Damside Mill this autumn.

Damside Mill, the new workshop, gallery and studio in Haworth is launching its short courses in September. Professional upholsterer Pauline Keenoy, who previously led the courses at Leeds College of Art, will run 2 "taster days" for only £10 per day September 8 and 9; you will spend a fun and relaxed day trying out upholstery and restoration techniques and can get advice and ideas for your own furniture project.



Then there are two 6 weeks courses, the first starting on Thursday 27 September where you can work on a furniture restoration project of your own. Have a hunt around your home for your project: a chair to re-seat and re-polish, a small nursing chair to re-upholster, a Parker Knoll or Ercol fire side chairs to refurbish, or



headboards or pin boards for buttoning – or anything else you like! Chair frame restoration and repair, French polishing, simple decorative paint techniques, re-covering and sewing upholstery and buttoning are all covered.

No previous experience is needed, and classes have a maximum of 8 students so you get all of the individual support and help you need. And if you haven't got a piece to restore, why not buy one of our frames and create your own unique chair from scratch.

Full courses cost £135 for 6 weeks and run on Thursday lunchtimes from 10.30 – 2pm; you can contact Pauline for more information on 07930 625 615 pauline@paulinekeenoy.com, or book online at www.damsidemill.com.

Damside Mill Shuttle Fold Off Lees Lane Haworth BD22 8RX

Where in the Aire Valley? COMPETITION

Can you identify the building or landmark indicated by the red cross in this photograph?

This month's prize is generously donated by

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The winner will be selected from all correct answers received by Sept 20th 2012



Last month's winner was Karen Howlett
The correct answer was Sutton Court. Karen wins a Keighley & Worth Valley Railway Day Rover Pass
Google Earth ©



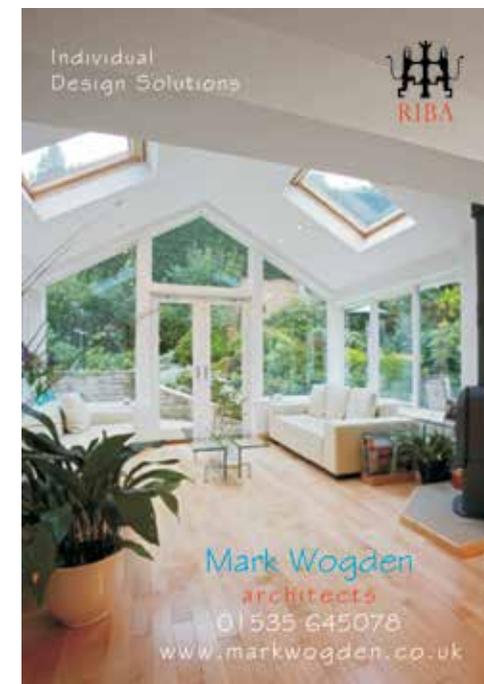
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Our aims are to **Engage** the local community
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Hayley Ibbotson from Manorlands (Centre) flanked by Rita Verity and Liz Barker from the Haworth Twinning Group

The fabled lost city of Machu Picchu must truly rank as one of the great wonders of the world. Built on and around mountains that held high religious importance in the Inca culture, it has intrigued all that have heard of it since it was brought to international attention in 1911.

Readers of the Worth Valley Mag will remember articles in previous editions about Machu Picchu and its special connection with Haworth through the twinning of the two villages.

But if you thought to yourself Machu Picchu is only a destination for your dreams then think again...

In May 2013, you can go to this magical place with Sue Ryder, the organisation that runs Manorlands Hospice in Oxenhope. The charity is organising its very own 10 day trek which will take in the world famous Inca Trail and is available exclusively to Sue Ryder supporters.

So come and experience it for yourself! Trek the same trail the Incas followed up to this sacred site. Stand at the famous Sun Gate at dawn and as the light grows and watch this remarkable place appear from the shadows, safe in the knowledge that by reaching this incredible overseas destination, you have helped to improve the lives of people in your community back home.

If you would like more information about this fantastic opportunity, visit www.sueryder.org/peru or contact Hayley Ibbotson in the Manorlands fundraising office on 01535 640430 or email Hayley.ibbotson@sueryder.org.

The trek is also being supported by the Haworth Twinning Group so please pop in and see Rita at Sonia's Smile or Anne at Oates and Wiles for a leaflet on the event; their respective shops are located on Haworth Main Street, no 83 & 85.



The idea of twinning Haworth with Machu Picchu came about after the success of Haworth gaining Fairtrade status, (soon to be celebrating 10 years!) The initial visit in 2005 confirmed that the people would love to be our friends

and an agreement was signed here by the Lord Mayor of Bradford Councillor Valerie Binney and the Chair of Haworth Parish Council Peter Hill. It was 4 years later that it was countersigned by Mayor Edgar Miranda Quinones in Machu Picchu.

During that time the children at Haworth Primary School wrote letters which were hand delivered along with books for their library by visitors to Peru and more recently we reported about the success of opticians taking 2 days from their holiday working in a clinic in the Sacred Valley distributing glasses.

There is enormous interest in this fascinating link, learning first hand about the ancient Inca culture and sharing our interests. We have been approached by an artist suggesting an art exchange programme and we have several contacts for volunteering.

We aim to place signposts on the entrance to the village at various points; and out of interest, the twinning hasn't escaped the knowledge of University Challenge and the Weakest Link where it has twice been included in their questions.

We have something unique which is the envy of many similar towns and villages and we have the opportunity to use it to our advantage. Twinning is for the whole community, for everyone to bring their own ideas and skills and we would be delighted to welcome you and make the most of this exciting project. 01535 647776



“For how many years have you gone through the house shutting the windows, while the rain was still five miles away

and veering, o plum-colored clouds, to the north away from you

and you did not even know enough to be sorry,

you were glad those silver sheets, with the occasional golden staple,

were sweeping on, elsewhere, violent and electric and uncontrollable--

and will you find yourself finally wanting to forget all enclosures, including

the enclosure of yourself, o lonely leaf, and will you dash finally, frantically,

to the windows and haul them open and lean out to the dark, silvered sky, to everything

that is beyond capture, shouting i'm here, i'm here! now, now, now, now.”

By Mary Oliver

RURAL MATTERS by Rachael Moore



Poo Picking!

My dog decides to poo right outside someone's house along a main road where

everyone can balk as I pick it up in a plastic bag...but equally, if she pooped in a field, I still need to pick it up. We all do.

As a farmer and having learnt about the effects of dog poo the hard way, I'm quite proud that I pick up dog poo. This may seem a strange thing to say, but if you've ever seen an animal in

pain and distress, then I'm sure you'll understand.

Neospora (or Neospora caninum) is a parasite found in dog faeces and cattle can become infected with this parasite by eating grass, hay or silage that has

been fouled by dogs. Once infected, a pregnant cow is likely to abort her foetus or to produce a calf that is already infected.

Abortion is a hugely stressful event for any animal, and after having carried the calf for nine months, very disappointing too. The loss of

earnings from the sale of the calf also has detrimental impacts on a farmer's income.

Regularly, I ask other dog walkers to also pick up dog foul that they think is OK to leave at the side of the footpath in the field. The response I get is completely unacceptable and very disrespectful to the countryside "Why should I? the farmers don't pick cow poo up"! Cow poo is not causing abortion and other health effects, dog poo is. We're not talking about isolated cases here, once Neospora infects a cow, it is normally with her for the rest of her life and passed to her offspring. There is no known prevention of the disease and infected cattle are

a burden themselves.

My plea for those who walk their dog in fields, please collect all faeces to prevent infection to cattle. Staying on the public footpaths also prevents the

spread of the spores to the grass. Next time your dog fouls, pick it up and be pleased that you may have just saved a cow's life and your consideration will also be appreciated by others who would like to enjoy the countryside.





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The Collectors, Craft and Gift fair Skipton Town Hall runs every Wednesday, Friday and Saturday from 10am - 4pm.

Free Monday Meditation 7-8.30pm Weekly. A buddhist meditation group with teaching included. (Voluntary donation to heating/refreshments appreciated). Beginners welcome. Crystal Space Also Workshops on alternative therapy/healing practices **every Thursday evening** 7.30-9.30pm at Crystal Space. Aire View, Silsden, BD20 0AN. Tel Ally on 07546 109072

From Saturday 1st September- Calendar Girls-Keighley Playhouse, Devonshire street, Keighley. Tickets range from £5-£7. Tickets are available by calling the box office on 08451 267 859 during office hours. If you would like to be reminded of forthcoming plays/events please email keighleyplayhouse@btinternet.com for further information.

For more information visit the Keighley Playhouse website www.keighleyplayhouse.co.uk.

Mon 3rd until Sun 16th Sept 'Annie Paton Art Exhibition', upstairs room at Haworth Visitor Information Centre, 10:00am - 5:00pm. Mixed media paintings by local artist, Annie Paton. Admission free.

Weds 5th Sept Jubilee Tower 6 mile circular walk. Meet Anne Hodgson at 10.30am in the Wesley Place car park, Silsden. Some uphill walking to Jubilee Tower above Farnhill. Fantastic views but be prepared for some stiles and streams. Packed lunch required.

Thurs 6th - Sat 8th Sept CAMRA's Keighley Beer Festive, N.B. note new venue Central Hall, Alice Street, Keighley BD21 3JD. Real ales, ciders, perries, food, tombola and souvenirs £2 admission or free to CAMRA members. www.keighleybeerfestival.org.uk

Thurs 6th Sept until Sun 16th Sept Saltaire Festival. For more information visit www.saltairefestival.co.uk or call Saltaire Visitors Centre 01274 437942.

Sat 8th Sept Late Summer Party at Laycock Village Hall with the band Undercover on their third visit to the Hall. Pay bar at reasonable prices. Tickets £10, includes a Fish and Chip Supper. 7:30 for 8pm Admission by

ticket only from 01535 665829

Sat 8th Sept Starlight Hike at Haworth Park - 9.30 pm (walk starts at 11pm) Sue Ryder for Manorlands Hospice. further info www.starlighthike.org or call 01535 640441.

Sat 15th Sept St Stephen's Church Hall, Steeton 7.30pm Karen Clegg - professional theatre entertainer. Having performed professionally in theatre and on the TV she has returned home to Yorkshire and will entertain us with her anecdotes and routines. Tickets adults £6 and children and students £3 Enquiries: 01535 654422

Sun 16th Sept Skipton's Collectable Vinyl Records and CD Fair takes place at Skipton Town Hall.

Sat 22nd Sept Arts, Crafts & Gift Fair - 9.30 am until 1pm at Silsden Methodist Church, 55 Woodside Road, Silsden, BD20 0BN.

Tues 25th Sep Skipton Town Hall at 7.30pm Skipton Royal Air Forces Association is staging a concert featuring the Royal Air Force Swing Wing dance band. Tickets: £10.00 Price includes tea/coffee and biscuits. Contact: Arlene Dawson Tel: 01756 791504. All proceeds to R.A.F.A. Wings Appeal.

Wed Sept 26th Keighley Astronomical Society meeting. 6.30 pm. Held at the Star Centre within the Keighley

campus of Leeds City College, Bradford Road, Keighley. We will be looking at the October night sky together with a focus on the planet Uranus. £3 entry fee. New members welcome.

Fri 28th Sept Victoria Hall, Keighley Old Time & Sequence Dancing 1.30 pm until 4.30 pm. Call 01535 662121 for more information.

Fri 28th Sept Hidden Riddlesden - Easy Walk 2.30 pm until 3.30 pm. Free Event at East Riddlesden Hall. Milke Freeman will take you on a tour of the fields explaining how the estate used to operate. Further info contact Shelley Hollingdrake on 01535 683806.

Fri 28th Sept - Sun 30th Sept Fall Fest - Glusburn Community Arts Centre for more info www.fallfest.co.uk see pages 8&9 in this magazine..

Fri 28th Sept until Sun 14th Oct Ilkley Literature Festival - Ilkley Town Centre. Please visit www.ilkleyliteraturefestival.org.uk or call 01943 816714.

Sat 29th Sept Harvest Festival at St Stephen's Church, Steeton will be open from 2.00 - 4.00 pm for people to come and view the harvest displays. Tea and coffee will be available.

Sat 29th Sept - Walk for Manorlands starting at Harden Cricket Club. Choice of three routes; 5,10 and 16 miles. For further details contact Peter Bashforth on 01535 273271 or email peter@bashforth.wanadoo.co.uk. Everyone welcome.

Sun 30th Sept at St Stephen's Church Steeton 10.00 am Harvest Family Communion Service - all welcome

Some differences between men and women as observed by some men and women

Women understand colour. They seem to know what to wear all the time. Men just think red is nice, pink is nice, so why not have them together?
Jeremy Vine

Women have the Oh dear, the toilet paper is on its last sheet; must replace it immediately gene. This is entirely absent in men who have the Oh cr.p! Can you pass me a toilet roll, love? gene!
Jenni Murray

Men have no opinions about curtains.
Stuart Maconie

On being told that someone has bought a new car women usually ask what colour it is - men ask what sort it is.
Anna Ford

Women have the If you need to be told I am not going to tell you gene
David Bergin, Switzerland

Women know instinctively what is dangerous or not recommended for babies in their care. Men, generally speaking, do not.
Sian Lindsey, Netherlands

Men like to have all their stuff (DVDs, CDs, etc) on show to impress their mates. Women like to hide things in cupboards.
Mark Nelson, UK

Women have a built in calendar gene - we remember birthdays, anniversaries and appointments effortlessly.
Lindsay, UK

Ask a woman in the street how to get somewhere and she will direct via shops. Ask a man and it will be via pubs.

Women put things on the bottom stair to take up next time she has to go upstairs. Men just step over them until told to pick them up. Karen Kelsey, UK

Men appreciate the importance of a 42 inch plasma screen. Women do not.
Jonathan, UK

A multi-tasking gene is clearly only owned by women - men can never prepare dinner so that everything is ready at the same time. Kelly, UK

Women can use sex to get what they want. Men cannot, as sex is what they want.
Eoin Dempsey, Ireland

Women pick up on subtleties and then think about them. Men need things explained IN CAPITAL LETTERS before the message gets through. Morag, Edinburgh

Men speak in sentences. Women speak in paragraphs. Steve Munoz, US

At weddings, women cry then get drunk. Men get drunk, then cry. Debby, UK

For men, 2am is time for sleep. For women, 2am is time for a discussion about where our relationship is going.
Luke, UK

When faced with flat-pack furniture, men never read the manual. Yet they spend hours reading manuals for cars or bikes they will never own. Linda, UK

Men can store useless information. Like the top speed of a car they are never going to drive, let alone own.
Rob, UK

source: bbcUK



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Not Over The Hill Yet!



building a neighbourhood group that was informal, would cost very little to run, and encouraged it's members to be actively involved rather than passive recipients. Lunch was a 'jacobs join' with everyone bringing something, lifts were shared and swaps started to happen, including the regular BOGOF raffle (People who live alone don't always want 2 of things!), skill swaps and sharing of garden produce.

In March this year the local council started to look at supporting the groups as an alternative to day centres. They commissioned the service and Creative Support bid for, and won the contract to deliver the service. In something of a fairy tale ending, Shona has now been employed by Creative Support to deliver this service across the Bradford district. She has also just launched 'Bradford Shares', a time banking project which gives volunteers credits for the time they contribute, and allows them to receive help in return.

NOTHY! Clubs are hosted by local businesses such as pubs, social clubs or cafes, and while they might have help to set up they are run entirely by the people who attend them, who are both volunteers and users of the groups.

The groups encourage independence and neighbourliness. They help alleviate loneliness and support local businesses without a huge cost to the taxpayer. For information about hosting, attending or setting up a group in your area please contact Shona Grange on: shona.grange@creativesupport.co.uk tel: 01274 482438.

For information about business support please contact Bradford Kickstart on: info@bradfordkickstart.com tel: 08009539503.

Shona Grange first contacted Bradford Kickstart for some help to improve the viability of the Social Club she was a committee member of. The club was facing both staffing and financial difficulties. It was a difficult time for the committee, but Shona said that meeting with the local Enterprise coach Candy Squire-Watt gave them the confidence to face the problems and the self-belief to deal with them.

The club has a strong community focus, and the committee wanted to develop this side of the membership, and make better use of the premises throughout the day. As Shona is a qualified Social Worker, she was aware that many older people wanted somewhere to socialise through the day that wasn't as formal as a day centre, and that many people just didn't feel 'old enough' for this type of support. With the help of their Enterprise Coach, they set up a group called 'The Welcome Project' which was run by its members. The group won a small amount of money which allowed them to run the project for 6 months, and their ideas really started to take shape. Calling the group the NOTHY! Club (Not Over The Hill Yet!) they set about

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"Look, the trees
are turning
their own bodies
into pillars

of light,
are giving off the rich
fragrance of cinnamon
and fulfillment,

the long tapers
of cattails
are bursting and floating away over
the blue shoulders

of the ponds,
and every pond,
no matter what its
name is, is

nameless now.
Every year
everything
I have ever learned

in my lifetime
leads back to this: the fires
and the black river of loss
whose other side

is salvation,
whose meaning
none of us will ever know.
To live in this world

you must be able
to do three things:
to love what is mortal;
to hold it

against your bones knowing
your own life depends on it;
and, when the time comes to let it
go,
to let it go."

Mary Oliver

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